

YOU'RE INVITED!

THE ROBERTO CLEMENTE HEALTH CLINIC
Wellness Weekend 2024

Thursday, January 4 – Tuesday, January 9



LET'S RESET!

Body, Mind & Spirit

Join us for an inspiring long weekend, serving and supporting our non-profit health clinic and nearby communities in southwestern coastal Nicaragua. The program includes time for seaside relaxation, fun outdoor group activities, and professional presentations.

We'll connect with Nicaraguans in need, as well as with local professionals serving Nica families every day. Our program includes an outreach morning, as well as attendance at the Clinic's Saturday Health Fair. We'll dine on farm-to-table fare prepared by top chefs, using organic ingredients from local gardens.



**"We learn, teach
and grow – together."**








- Dr. Jose Mosquera, Board Member



PRICING INFORMATION

From **\$1,490**
per person*

Includes:



-  Group transportation to and from the airport
-  Group transportation to the Clinic and community outreach location
-  Group meals and receptions
-  Group recreational activities
-  Evening gala with celebrity chef
-  Gratuities included for group transportation and group meals
-  Small donation to our Roberto Clemente Clinic

*Does not include accommodations, which must be directly booked through Rancho Santana. Airfare is not included in this price and must be purchased separately.





OVERVIEW OF ITINERARY

THURSDAY, JANUARY 4

-  **Arrive in Managua midday** – Transportation provided from airport to Rancho Santana
-  **Evening welcome reception** – Appetizers and small bites served

FRIDAY, JANUARY 5

-  Join us for a **morning Clinic visit and group lunch**
-  Optional attendance of **Clinic wellness panel** (Let's Reset!), featuring our medical and wellness experts
-  **Evening** on your own

SATURDAY, JANUARY 6


 **Morning** – Attend annual Community Health Fair hosted by The Roberto Clemente Health Clinic

 **Afternoon and evening** on your own to explore Rancho Santana's five beaches and three restaurants

SUNDAY, JANUARY 7

 **Morning** – Volunteer with the Clinic's community medical outreach program

 Dine as a group for **lunch at Rancho Santana**

 Group **recreational activities** (yoga, horseback riding, swimming, beach walk, monkey nature tour, pickleball, turtle preserve, hiking, five-beach tour)

 **Evening** on your own

MONDAY, JANUARY 8

 Enjoy a **day to yourself, or volunteer** at the Clinic!

 Optional attendance of **Los Cocos**, Family Garden Initiative.
Hosted by John Weston

 **Evening gala** dinner with our celebrity chef

TUESDAY, JANUARY 9

 **Departure** from Rancho Santana



GUEST SPEAKERS



DR. G.N. MAMUR

CEO of The Roberto Clemente Health Clinic,
International Pediatric Doctor

Dr. Mamur is an esteemed pediatrician who has served as Medical Coordinator for the U.S. president and the secretary of state. He was also Director of a Level IV NICU intensive care unit, helping major global development organizations and fragile communities around the world. Currently, Dr. Mamur works alongside Dan Puls at Pass Inc., and he is the newest addition to the Clinic team!



DRA. RUIZ

Medical Director, General Physician, Clinical Diabetologist

As the first doctor in her family, Dra. Ruiz prides herself in following her calling. When she graduated from medical school, she took a role at The Roberto Clemente Health Clinic as a clinical physician. Today, Dra. Ruiz balances her medical practices with administrative duties in her current role as Medical Director, aiding in the crucial daily functions of the Clinic. She continues to support the community through her work in partnership with the Clinic staff and has been a part of the Clinic family for nine years.



DR. SHAWN BORICH

M.D., MPH, Executive Physician Leader

Dr. Shawn Borich is an executive physician leader with over 23 years of experience in emergency medicine, urgent care, hospitalist medicine, occupational health, medical spas, and the management and staffing of a diverse portfolio of healthcare companies. The patient is at the core of everything he does, and he is an expert when it comes to improving operating performance within the healthcare setting for patient experience, flow and quality of care. He is a Fellow of the American Board of Emergency Medicine and received his medical degree from Michigan State University and his master's in public health from the University of Michigan.



NICOLE FIEBER

RN, BSN, Partner at Pass Inc.

Nicole has dedicated her 30-year RN career to the community by serving patients' medical needs in their homes. Nicole loves being able to spend treatment time with patients in a familiar and comfortable space. Her favorite professional specialties include wound care, IV care, case management, diabetes and CV care. Nicole has most recently widened her net and added diet and wellness coaching to her professional practice.



ESTEEMED PARTICIPANTS



JULIA GUTH

Chair and Co-Founder of The Roberto Clemente Health Clinic

Julia Guth has been the CEO and Executive Publisher of The Oxford Club since its inception in Baltimore more than 34 years ago. She is also the founder and Executive Director of the nonprofit Roberto Clemente Health Clinic in Nicaragua. Julia is also on the board of Relief International.



ALEX BELEW

Award-Winning Chef, Entrepreneur, *Hell's Kitchen* Champion

Alex learned the culinary fundamentals at the Art Institute of Tennessee in Nashville, where he graduated with honors with a culinary arts degree. He honed his skills further by staging in prominent kitchens such as the Spoon & Stable, Blackberry Farm, Brasserie Jo's and Table 3. Belew opened his first restaurant, the award-winning Dallas & Jane, in 2018 in Murfreesboro. It was named Eater's best restaurant of middle Tennessee. Finally, Belew is celebrated as the *Hell's Kitchen* Champion of Season 21.



DAN PULS

Chairman of The Roberto Clemente Health Clinic Advisory Council, Founder of Pass Inc.

Daniel P. Puls is President and CEO of Pass Inc. He has devoted more than 25 years to maximizing the impact of philanthropy on the global stage. In senior management roles, as a consultant and as an advisor Dan has partnered with leading social entrepreneurs, philanthropists, philanthropies, businesses and nonprofits to develop and direct complex international initiatives.



JOHN WESTON

Member of The Roberto Clemente Health Clinic Advisory Council, Founder of Los Cocos Community Gorch Project

As CEO of Newbury Consulting Group since 2005, John founded, grew and sold three technology consulting firms before retiring in 2021. John now focuses on applying his business skills to help nonprofit organizations in the U.S. and Nicaragua with strategic planning, fundraising and financing. John recently joined the Advisory Council for The Roberto Clemente Health Clinic and is the "founder" of the Los Cocos Community Organic Farm.



If you are interested in learning more or want to receive registration information, please **email** **Caitlin Kratz**, U.S. Administrative Coordinator and Trip Coordinator, at ckratz@nicaclinic.org.